

# #PostcardsFromMemory - Get Involved!

*Have you ever been on a journey?  
Did you take something with you, or bring something home?  
Did you lose something, or find someone?  
And when you arrived at your destination was it as you expected?*

## Tell your story of a journey on a postcard

You can use words and/or images to tell your story.  
You will need a pen or pencil and art materials of your choice  
and a blank A6 postcard or any piece of card 10.5cm x 15cm

## Need some inspiration?

Find creative prompts at [www.cocreate.org.uk](http://www.cocreate.org.uk)  
Follow @CoCreateDorset on Facebook & Instagram  
Join us online for a creative workshop: Fri 4 Sept, 7pm or Sat 12 Sept, 1pm.  
To book please email [info@cocreate.org.uk](mailto:info@cocreate.org.uk)

## Share your story

1. **Write** the title of your work and your name the back  
(Please **do not** include any personal details e.g. your address)
2. **Photograph** your postcard and email a hi-res photo to:  
[info@cocreate.org.uk](mailto:info@cocreate.org.uk)  
so we can share it on social media and in our online exhibition
3. **Post** your postcard to us to be included in our exhibition at:  
#PostcardsFromMemory, Arts by the Sea festival  
The Annexe, Town Hall, Bourne Avenue, Bournemouth BH2 6DY
4. **Make sure** your postcard arrives with us by Friday 18th Sept 2020

## Check out the #PostcardsFromMemory exhibitions

See a selection of work online at [www.artsbythesea.co.uk](http://www.artsbythesea.co.uk)  
on Instagram @CoCreateDorset  
and at Bournemouth Central Library, The Triangle throughout the festival

## Please note

We aim to include all postcards in our exhibition but this cannot be guaranteed.  
We regret we cannot return art work.

CoCreate